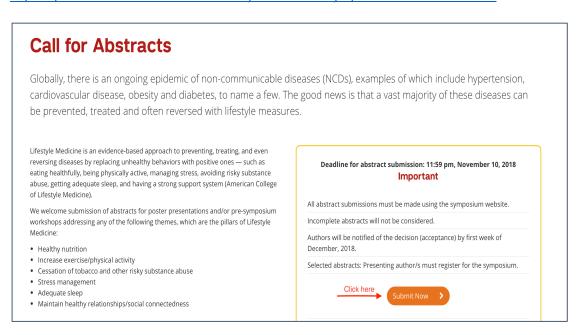


Abstract Submission Guide: Lifestyle Medicine Symposium 2019

 To access abstract submission portal, please go to: https://qatar-weill.cornell.edu/event/lifestyle-medicine-symposium/call-for-abstracts



- 2. Click on 'Submit Now'
- 3. You will be redirected to below screen



Lifestyle Medicine Symposium 2019

We welcome submission of abstracts for poster presentations and/or pre-symposium workshops addressing any of the following themes, which are the pillars of lifestyle medicine:

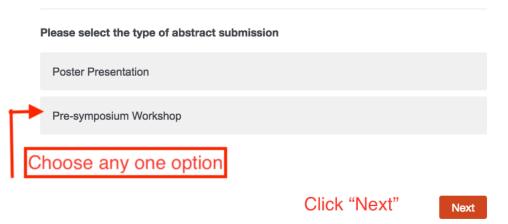
- · Healthy nutrition
- Increase exercise/physical activity
- · Cessation of tobacco & other risky substance abuse
- Stress management
- Adequate sleep
- Maintain healthy relationships/social connectedness

The deadline for abstract submission is 11:59 pm, November 10, 2018.

Submission guidelines for poster and workshop abstracts

- Adhere to the overall theme of the symposium: Lifestyle Medicine and its pillars (listed above).
- · Abstracts must be submitted and presented in English.
- Accepted abstracts will be published on the symposium website and in the symposium brochure
- Abstract length should not exceed 450 words (excluding references).
- Only one table or graphic is allowed if it contributes to the better understanding of the abstract.
- Abbreviations used within the abstract must be spelled out at first mention.

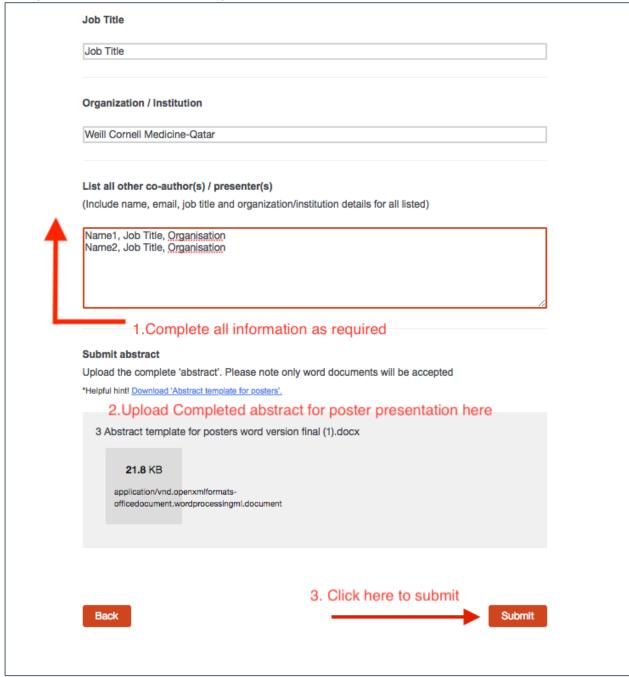
All questions / clarifications pertaining to the poster / workshop abstract submission should be directed to iph@qatar-med.cornell.edu.



4. Make your selection for abstract submission by choosing one option. Click 'Next'

I) If you are submitting a poster presentation abstract you will see below screen.

1. Complete all information as required.



- 2. Once you have filled out all the required fields and uploaded a completed word document for the abstract, click on Submit.
- 3. On submission of the abstract, you will receive a confirmatory email notification.

II) If you are submitting pre-symposium workshop abstract, you will see below screen.

1. Complete all information as required.

	Job Title	
	Organization	
	List all other co-author(s) / presenter(s) / workshop facilitator(s) (Include name, email, job title and organization / institution details for all listed)	
	le le	
1. Complete all	I information as required I am willing to host workshop(s) as follows	
2. State your preference	One session	
here	Two sessions	
3. Upload comp	oleted abstract for pre-symposium workshop here Submit abstract Upload the complete abstract here. Please note only word documents will be accepted	
	*Helpful hint! Download 'Abstract template for workshops'	
	Drop files or click here to upload	
	4. Click here to submit Submit	l

- 2. Once you have filled out all the required fields and uploaded a completed word document for the abstract, click on Submit.
- 3. On submission of the abstract, you will receive a confirmatory email notification