



Weill Cornell Medical College in Qatar



PRESS RELEASE

Depression is Topic for Medicine and U Lecture June 16

Doha, June 15, 2009 – Nearly everyone has a bad day, even a bad week, but if feelings of sadness last or are out of proportion to life events, the problem may be more than a bad mood. It may be depression, a mental condition that can have a serious impact on a person's quality of life and the ability to function.

“Unfortunately, depression is a serious disorder that can be under-recognized and under-treated,” says Ziad Kronfol, MD, associate professor of psychiatry, who is giving a lecture on the disorder Tuesday, June 16, as part of the Medicine and U public lecture series sponsored by Weill Cornell Medical College in Qatar. The lecture will run from 7 to 8 pm in Lecture Room 4 at WCMC-Q.

Major depression is the second leading cause of disability world-wide, according to the World Health Organization. “Health care data indicates that about 10 percent of men and 20 percent of women will experience at least one serious case of depression in their lifetime,” says Kronfol.

Most cases of depression can be treated effectively with medication, counseling or lifestyle changes or some combination of all three, says Kronfol who will talk about symptoms of depression and treatments for the disorder during his lecture, which is free and open to the public.

Ends

NOTES TO EDITORS

Established in partnership with Qatar Foundation, WCMC-Q is part of the Weill Medical College of Cornell University, the first American institution to offer its M.D. degree overseas. WCMC-Q offers a complete and integrated educational program,

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comprising the two-year Pre-medical Program, followed by the four-year Medical Program, with teaching by Cornell faculty. There are separate admission processes for each Program, guided by the standards of admission in use at Cornell University in Ithaca, and its Medical College in New York City.

Website: www.qatar-med.cornell.edu

About Qatar Foundation

Founded in 1995 by decree of His Highness Sheikh Hamad Bin Khalifa Al Thani, Emir of Qatar, Qatar Foundation is a non-profit organization focusing on education, scientific research and community development. Under Qatar Foundation's umbrella are Education City, which comprises elite universities, several academic and training programmes and Qatar Science and Technology Park, which boasts more than 21 world class companies involved in scientific research and development.

Chaired by Her Highness Sheikha Mozah bint Nasser Al Missned, Qatar Foundation also aims to enhance lives through community development initiatives including Doha Debates, Reach out To Asia and Al Jazeera Childrens Channel.

Joint venture partnerships in the areas of design, ICT, telecommunications, policy studies and event management contribute to fulfilling the objectives of Qatar Foundation.

Website: www.qf.org.qa

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