

Weill Cornell Medical College in Qatar



PRESS RELEASE

NY-PH/WCMC World Congress Gains Local Endorsement

Doha, September 1, 2008 - The Qatar Diabetes Association (QDA) recently announced its endorsement of the 1st World Congress on Interventional Therapies for Type 2 Diabetes, which will be hosted by New York-Presbyterian Hospital/Weill Cornell Medical Center from September 15-16, 2008, at the New York Marriott Marquis in Times Square. This endorsement acknowledges the vital role diabetes treatment will play in the future of health care in Qatar.

The number of people with diabetes worldwide has surged, climbing from 30 million to 246 million in the last ten years. In the Middle East alone, diabetes affects over 10 million people – an estimated 12-20% of the adult population. Many experts predict that, as infant mortality rates drop, the Middle East and other developing areas will see the greatest proportional increase of adults with diabetes in the upcoming years.

The 1st World Congress on Interventional Therapies for Type 2 Diabetes is a comprehensive and multidisciplinary forum where leaders in the global health community will conduct an organized review and discussion of the latest scientific data and theories on the effectiveness of using bariatric and gastrointestinal surgeries, procedures normally performed to treat obesity and digestive conditions, to also treat type 2 diabetes.

Led by Congress Director Dr. Francesco Rubino, surgeon-scientist at New York-Presbyterian Hospital/Weill Cornell Medical Center, the Congress includes a faculty of more than 80 international leaders in endocrinology, surgery, and basic sciences, as well as public health specialists, insurers and top health authorities from the United States and worldwide.

Dr. Rubino cited his reasons behind organizing the Congress this year, saying, "The epidemic growth of type 2 diabetes has created a race against time to find new approaches to treat and understand the disease. Diabetes surgery and other novel interventional techniques are not only a promising therapeutic option for selected

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patients with type 2 diabetes, but also an unprecedented opportunity to shed light on the origin of the disease."

A substantial body of evidence shows that bariatric and gastrointestinal surgery can induce long-term remission of Type 2 diabetes, providing a promising therapeutic option and a unique opportunity for understanding the disease. Interest in this emerging field is rapidly growing in the scientific community and among the public at large.

The World Congress follows on last year's International Consensus Conference (Diabetes Surgery Summit), held in Rome, Italy, where international scientific authorities established a set of recommendations and called for a multidisciplinary effort to prioritize research in this emerging field.

To continue the multidisciplinary dialogue and translate scientific findings into policy changes, the 1st World Congress will bring together, for the first time, clinicians, scientists and policy makers. Together, they will craft an agenda of health policy initiatives in order to ensure access to approved treatments and prioritize further research in this field.

QDA endorsement of the Congress highlights the regional importance of this alarming medical trend, and promotes participation in the project by Association members. In addition to endorsement by QDA, the World Congress has also been endorsed by twenty other national and international diabetes and medical societies.

Ends

NOTES TO EDITORS

Established in partnership with Qatar Foundation, WCMC-Q is part of the Weill Medical College of Cornell University, the first American institution to offer its M.D. degree overseas. WCMC-Q offers a complete and integrated educational program, comprising the two-year Pre-medical Program, followed by the four-year Medical Program, with teaching by Cornell faculty. There are separate admission processes for each Program, guided by the standards of admission in use at Cornell University in Ithaca, and its Medical College in New York City. Website: www.gatar-med.cornell.edu

Office of Public Affairs WCMC-Q Education City P.O. Box 24144 Doha, Qatar Michael Vertigans Director Phone: +974 492 8650 Fax: +974 492 8444 Email: miv2008@qatarmed.cornell.edu Christopher Gibbons Assistant Editor/Writer Phone: +974 492 8651 Fax: +974 492 8657 Email: cag2027@qatar-med.cornell.edu **About Qatar Foundation for Education, Science and Community Development** Founded in 1995 by His Highness Sheikh Hamad Bin Khalifa Al Thani, Emir of Qatar, and chaired by Her Highness Sheikha Mozah Bint Nasser Al Missned, Qatar Foundation is a private, non-profit organization committed to the principle that a nation's greatest natural resource is its people.

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