Calling all Qatari high school students! We are pleased to announce the Annual High School Essay Competition. Four lucky winners will receive Doctor of the Future Summer Scholarships: A fully funded, experience-of-a-lifetime where they will visit prominent research laboratories and learn from distinguished faculty at Weill Cornell Medicine and Cornell University in New York.

The winning essays and 10 finalists will receive honorable mentions at a reception hosted by the WCM-Q dean.

Healing Hands: "Lifestyle Medicine practice in Qatar" is this year's theme. Life expectancy has increased worldwide. However, there remain formidable challenges. Premature mortality and suffering associated with chronic diseases such as heart disease, obesity, diabetes and cancer are examples of such challenges. Evidence suggests that 80 percent of chronic diseases can be prevented or reversed by adopting healthy lifestyle measures. Write an eight-hundred-word essay to consider the health status of your community and explore the challenges and benefits of integrating lifestyle medicine within the healthcare system in Qatar.

Online submission deadline: April 5, 2019.

For terms and conditions: www.qatar-weill.cornell.edu/