



**Weill Cornell Medicine-Qatar**  
Institute for Population Health



## Health and YOU

### Community Wellness Series

Anxiety: When your worrying becomes worrying

The session will discuss diagnosis and management of anxiety and related disorders.



**Live Webinar**

**February 13, 2023**

**4:00 PM – 5:00 PM (Qatar time)**



**Speaker**

**Dr. Zahra Naqvi**

*Assistant Professor of Psychiatry,  
Weill Cornell Medicine-Qatar*

Zahra Naqvi, M.D., joined Weill Cornell Medicine-Qatar (WCM-Q) as an Assistant Professor of Psychiatry in January 2022. Before coming to WCM-Q, she was an Assistant Professor of Psychiatry at Albany Medical Center's Department of Psychiatry as well as an Attending Psychiatrist in the Albany Med Health System.

She is board certified in psychiatry, and she completed her psychiatry residency training at New York Presbyterian Hospital/Weill Cornell Medical Center in 2018, where she was resident outpatient department chief during her third year. She earned her medical degree from Weill Cornell Medicine-Qatar in 2014.

An advocate for psychosocial well-being and education in the prevention of mental illness, Dr. Naqvi has participated in the planning of events and advocacy efforts focused on women's mental health with the United Nations, and worked directly with the vice chair of the committee on mental health to bring mental health conversations onto the global agenda at the United Nations. She has a special interest in women's mental health, including postpartum depression and other mental health issues unique to women, such as pregnancy loss and infertility.