



Population Health & Well-being Series

**Panorama of Lifestyle Medicine
including upstream
determinants of health**

Live Webinar

**March 15, 2022
4:00 PM to 5:00 PM (Qatar Time)**



Speaker

Rob Lawson, FRCGP, Dip IBLM/BSLM

*Chair British Society of Lifestyle Medicine
Chairman of the World Lifestyle Medicine Council*

Having qualified in Medicine in 1975, Dr. Lawson has gained extensive experience as a GP in Scotland. His principal interests have been primary and secondary prevention of disease and the specialty of Lifestyle Medicine. As well as leading his NHS team to the highest awards for quality (2013-2003) he founded a charity in 1991 providing weekly activity and support in venues around the county of East Lothian for people living with long term conditions including heart disease, Type 2 diabetes, stroke, lung disease and frailty. He has recently retired from clinical practice to concentrate on the applications of Lifestyle Medicine to healthcare. In 2016 he co-founded the British Society of Lifestyle Medicine (BSLM), a registered charity, to promote the principles of Lifestyle Medicine to healthcare professionals and the public.

He serves as President of the European Lifestyle Medicine Council and Chairman of the World Lifestyle Medicine Council.