



Weill Cornell Medicine-Qatar

Institute for Population Health



Population Health & Well-being Series

Nutrition Reimagined: Science-Backed Strategies for Optimum Health



Live Webinar

May 19, 2026

4:00 - 5:00 p.m. (Qatar Time)



Speaker

Dr. Ravinder Mamtani
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Learning objectives:

- 1 Describe the core principles of a healthy and balanced diet.
- 2 Evaluate current scientific evidence on the role of nutrition in promoting health and preventive disease.
- 3 Outline a practical, clinically applicable approach to integrating nutrition in healthcare.

Target Audience: Physicians, Nurses, Dentists, Pharmacists, Allied Health Practitioners, Students, Researchers, Educators and Administrators

Free Registration: Contact us: iph@qatar-med.cornell.edu



DHP Accreditation Statement:

This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions-Accreditation Section and is approved for a maximum of 1.0 hour.

The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.



ACCME Accreditation Statement:

The Weill Cornell Medicine-Qatar is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACCME Credit Designation Statement:

The Weill Cornell Medicine-Qatar designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.