



Weill Cornell Medicine-Qatar

Global Institute for Population Health



Population Health & Well-being Series

Prevention and Treatment of Cardio-Kidney-Metabolic Syndrome



Live Webinar

December 8, 2026

4:00 - 5:00 p.m.

Qatar



Speaker

Dr. Sadeer Al-Kindi
MD, FACC, FASPC

*Associate Professor, Houston Methodist & Weill Cornell Medicine
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Learning Objectives:

- 1 Define cardio-kidney-metabolic syndrome and describe the bidirectional relationships among cardiovascular disease, chronic kidney disease, obesity, and diabetes.
- 2 Identify patients and increased risk for cardio-kidney-metabolic complications using clinical history, laboratory findings, imaging, and validated risk-assessment tools.
- 3 Apply current evidence-based lifestyle and pharmacological strategies to prevent progression of cardio-kidney-metabolic syndrome.
- 4 Develop and individualized, multidisciplinary management plan incorporating cardioprotective, renoprotective, and metabolic therapies.



Target Audience: Physicians, Nurses, Dentists, Pharmacists, Allied Health Practitioners, Students, Researchers, Educators and Administrators

Activity Code: API-02-P299

Free Registration: Contact us at giph@qatar-med.cornell.edu

DHP Accreditation Statement:

This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions-Accreditation Section and is approved for a maximum of 1.0 hour.

The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.



ACCME Accreditation Statement:

The Weill Cornell Medicine-Qatar is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACCME Credit Designation Statement:

The Weill Cornell Medicine-Qatar designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.