



Weill Cornell Medicine-Qatar

Institute for Population Health



Health and YOU

Community Wellness Series

How colorful is your life? Coach your lifestyle, transform your future!

This session addresses health and wellness from the whole person perspective. Quality of life and life style modification are discussed through coaching lenses, emphasizing the importance of a person-centered approach.



Live Webinar
December 9, 2024
4:00 to 5:00 PM
(Qatar Time)



Speaker

Dr. Fatimah Isa

*Assistant Professor of Psychology
Teaching in Medicine,
Weill Cornell Medicine-Qatar*

Dr. Fatimah Isa holds a PhD in organizational psychology and an MSc in health psychology, and she is currently pursuing an MA in clinical mental health counseling to expand her professional repertoire. In addition, as a certified professional coach and an experienced appreciative inquiry trainer, CBT group therapist, MBTI analyst, and behavioral interviewer, Dr. Isa has worked with people from different parts of the world. Dr. Isa herself has a unique multicultural background. Born and raised in Japan, she completed her higher education in the US and has spent more than a decade of her life in Qatar as well as in Indonesia. Dr. Isa joined Weill Cornell Medical College in 2010 and currently serves as a Director for Clinical and Faculty Affairs and an Assistant Professor of Psychology Teaching in Medicine.