

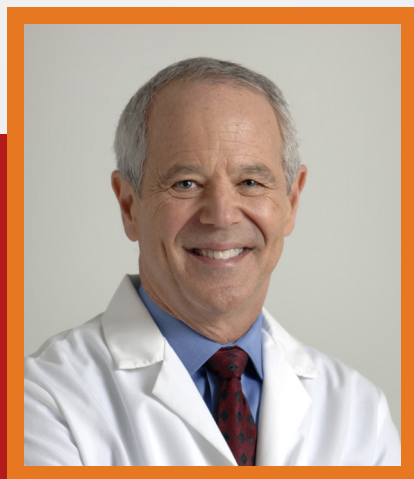


Population Health & Well-being Series

The Role of Lifestyle Medicine in Population Health

Live Webinar

October 19, 2021
4:00 PM to 5:00 PM (Qatar Time)



Speaker

James M. Rippe, MD

*Founder and Director
Rippe Lifestyle Institute
Professor of Medicine
University of Massachusetts
Medical School
USA*

Dr. Rippe is a graduate of Harvard College and Harvard Medical School with post graduate training at Massachusetts General Hospital. He is currently the Founder and Director of the Rippe Lifestyle Institute and Professor of Medicine at the University of Massachusetts Medical School.

Over the past 25 years Dr. Rippe has established and run the largest research organization in the world exploring how daily habits and actions impact short and long-term health and quality of life. This organization, Rippe Lifestyle Institute (RLI), has published hundreds of papers that form the scientific basis for the fields of lifestyle medicine and high-performance health. Further information on RLI may be obtained by visiting RippeHealth.com

Dr. Rippe edits the only academic textbook in lifestyle medicine (Lifestyle Medicine, 3rd Edition, CRC Press, 2019), and is Editor in Chief of the American Journal of Lifestyle Medicine (Sage Publishers). Dr. Rippe has written or edited 59 books including 36 academic textbooks and 23 books for the general public. Dr. Rippe's books may be accessed on his Amazon book pages.

