

## Health and YOU Community Wellness Series

## **Avoiding the Fights: Children's Healthy Nutrition & Eating Habits**

Feeding children and mealtime can be a pleasant experience/interaction or a huge burden and draining task. This session will discuss triggers parents/caregivers need to be aware of, and how to work around them to avoid conflicts.

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Live Webinar
Dec 11, 2023
4:00 to 5:00 PM
(Qatar Time)



## **Speaker**

Dr. Amal Khidir Associate Professor of Pediatrics, Medical Education, Weill Cornell Medicine - Qatar Amal Khidir, MBBS, FAAP, Vice Chair of IRB and Pediatric Clerkship Director joined Weill Cornell Medicine - Qatar in 2006. She is American Board-certified pediatrician, fellow of American Academy of Pediatrics, and Section of International Child Health, practices pediatrics in Hamad Medical Corporation and Sidra Medicine and co-leader of Research and Scholarship Collaborative in Council of Medical Students Education in Pediatrics (COMSEP).

Graduated from Faculty of Medicine, Khartoum University, Sudan, completed pediatric residency training at Howard University Hospital, Washington, D.C, joined as faculty and became pediatric clerkship director, and completed Program for Educators in Healthcare Professions at Harvard Macy Institution.

Areas of interest: professionalism, professional development, assessment, health promotion, and cultural competency. Co-founder of the Professionalism program at HMC, led and conducted several national and international professional education workshops, and earned several Teaching Awards and the COMSEP 2021 Research and Scholarship Award.

Awarded several grants example: National Priorities Research Program equivalent to R01 grant titled "Providing Culturally Appropriate Health Care Services in Qatar: Development of a Multilingual Patient Cultural Assessment of Quality Instrument." and "Impact of Perceived Generational Differences on Learning Project: A Multicenter, Multiphase Collaborative Study millennial learners, a multi-institutional study". She supervised medical students in several clinical studies.