



Weill Cornell Medicine-Qatar
Institute for Population Health

Let's get moving



Sunday, November 22, 2020

Get active! Join us for an online fun fitness session with a Bollywood twist! Ask your family and friends to join the fun. Spread the word!

Session 1

11.30am – 12 noon (Ladies only)

Register [Here](#)

Led By

Bhavna Sharma Naik

Session 2

12 noon - 12.30pm (Open to all)

Register [Here](#)

Contact us

iph@qatar-med.cornell.edu

Session 3

2.00pm - 2.30pm (Ladies only)

Register [Here](#)

Lifestyle Medicine Week
November 22-26, 2020