

Population Health and Well-being Series

The Role of Mind-Body Medicine in Complex Healthcare Systems

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Live Webinar
May 20, 2025
4:00-5:00 PM (Qatar Time)



Speaker

Dr. Darshan Mehta

Medical Director, Benson-Henry Institute for Mind Body Medicine, Massachusetts General Hospital
Co-Director, Center for Comprehensive Healing, Massachusetts General Hospital
Medical and Education Director, Osher Center for Integrative Health, Harvard Medical School and Brigham and Women's Hospital
Assistant Professor of Medicine and Psychiatry, Harvard Medical School

Learning objectives:

- Explain the foundational principles of mind-body medicine and how these approaches can support clinical care in patients with complex, chronic, or comorbid conditions.
- Identify practical strategies for integrating mind-body interventions into routine clinical workflows to enhance patient engagement, symptom management, and therapeutic outcomes.
- Assess the evidence base supporting mind-body practices in diverse clinical settings, focusing on their impact on provider well-being, interdisciplinary care, and healthcare utilization.

Target Audience: Physicians, Nurses, Dentists, Pharmacists, Allied Health Practitioners, Students, Researchers, Educators and Administrators

Free Registration: Contact Us: iph@gatar-med.cornell.edu





DHP Accreditation Statement:

Weill Cornell Medicine-Qatar is accredited as a provider of Continuing Medical Education (CME) and Continuing Professional Development (CPD) by the Department of Healthcare Professions (DHP) of the Ministry of Public Health.



ACCME Accreditation statement:

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DHP Credit Designation Statement:

This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions-Accreditation Section and is approved for a maximum of 1.0 hour.

ACCME Credit Designation Statement:

The Weill Cornell Medicine-Qatar designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit M. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.