



**Weill Cornell Medicine-Qatar**  
Institute for Population Health



## Population Health & Well-being Series

### Prescription for physician burnout



**Live Webinar**

**Mar 18, 2025**

**1:00-2:00 pm (Qatar Time)**



### Speaker

**Dr. Sivaneswaran Poobalasingam**

*Chair, Advisory Board Lifestyle  
Medicine Global Alliance  
Founding President, Malaysian  
Society Of Lifestyle Medicine*

Dr. Sivaneswaran Poobalasingam was appointed as the Lifestyle Medicine Expert Consultant with the World Health Organization for the Lifestyle Medicine For Diabetes Remission Project (WHO-MOH). This pilot project was implemented at a public primary health care facility in Negeri Sembilan in collaboration with the Ministry of Health Malaysia. Dr. Sivaneswaran is the Founder and President of the Malaysian Society of Lifestyle Medicine and the Chair of the Advisory Board of the Lifestyle Medicine Global Alliance. He is also on the Advisory Board of the International Journal for Disease Reversal and Prevention and is a member of the C20 Working Group for Integrated Holistic Health (NCDS). Dr. Sivaneswaran also sits on the US based True Health Initiative Council, the Global Positive Health Institute's Advisory Council and the National Coalition for Mental Wellness in Malaysia. He is an Exam Question Writer for the Lifestyle Medicine Board Certification examination.

Dr. Sivaneswaran is CEO of Amrita Integrative and Lifestyle Medicine Center and Amrita Lifestyle Medicine Academy. He is a Board Certified Lifestyle Medicine Physician and is frequently invited to speak on Lifestyle Medicine. He has also conducted workshops on Lifestyle Medicine for programs jointly organized by the United Nations Population Fund (UNFPA), Malaysian Ministry of Health and University Era Ketiga (University Putra Malaysia). He is a published author and has written books on a mind body approach to wellness and on the importance of herbs and nutrition in healthy ageing.