



# Weill Cornell Medicine-Qatar

## Institute for Population Health



# Population Health and Well-being Series

Lifestyle Medicine: A Breath of Fresh Air in Healthcare



**Live Webinar**

**Monday, Jan 22, 2024**

**4:00 to 5:00 PM (Qatar Time)**



## Speaker

**Dr. Ravinder Mamtani,**  
**MD, MSc, FACPM, FACOEM, FACLM**

*Professor of Population Health Sciences  
Professor of Medicine (Center for Global Health)  
Vice Dean for Population Health and Lifestyle Medicine*

### Learning objectives:

- 1 Discuss the current healthcare paradigm
- 2 Examine the evidence for Lifestyle Medicine in the management of chronic diseases
- 3 Outline a strategy for integrating Lifestyle Medicine in healthcare



### Target Audience:

Physicians, Nurses, Dentists, Pharmacists, Allied Health Practitioners, Students, Researchers, Educators and Administrators

### Free Registration:

Contact Us: [iph@qatar-med.cornell.edu](mailto:iph@qatar-med.cornell.edu)



#### DHP Credit Designation Statement:

This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions-Accreditation Section and is approved for a maximum of 1.0 hour.



#### ACCME Credit Designation Statement:

The Weill Cornell Medicine-Qatar designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.