



Weill Cornell Medicine-Qatar
Institute for Population Health



Health and YOU

Community Wellness Series

Plain talk about weight loss

Overweight and obesity are serious health risks. Their rates and future projections are worrisome. This session presents practical, science-driven tips and resources to address the sensitive topic of weight management and control. Myths and realities surrounding weight loss will also be examined. Participants will have an opportunity to ask questions and share their experiences.



Live Webinar

January 23, 2023

4:00 - 5:00 PM (Qatar time)

This is not a CME/CPD activity | FOR GENERAL PUBLIC



Speaker

Dr. Ravinder Mamtani

*Professor of Population Health Sciences
Professor of Medicine (Center for Global Health)
Vice Dean for Population Health and Lifestyle Medicine
Weill Cornell Medicine-Qatar
Doha, Qatar*

Free Registration

Contact Us: iph@qatar-med.cornell.edu

