

Health and YOU Community Wellness Series

How colorful is your life? Coach your lifestyle, transform your future!

This session addresses health and wellness from the whole person perspective. Quality of life and life style modification are discussed through coaching lenses, emphasizing the importance of a person-centered approach.

 $\left(\left(\left(\begin{array}{c} \bullet \end{array}\right)\right)\right)$

Live Webinar
December 9, 2024
4:00 to 5:00 PM
(Qatar Time)

This is not a CME/CPD activity | FOR GENERAL PUBLIC



Speaker

Dr. Fatimah Isa Assistant Professor of Psychology Teaching in Medicine, Weill Cornell Medicine-Qatar

Free Registration:

Contact us: iph@qatar-med.cornell.edu

