



Health and YOU Community Wellness Series

How the Environment Shapes Our Health

We will explore how air, water, climate, noise, and other conditions influence disease risk, aging, and wellbeing, shaping health trajectories across the lifespan and driving disparities and opportunities for prevention and resilience.



Live Webinar

April 13, 2026

4:00 - 5:00 PM

(Qatar Time)



Speaker

Dr. Sadeer Al-Kindi

*Associate Professor
Houston Methodist & Weill Cornell Medicine*

Sadeer Al-Kindi, MD, is a preventive cardiologist, physician-scientist, and leader in environmental and precision cardiovascular health at Houston Methodist DeBakey Heart and Vascular Center. He serves as the Jerold B. Katz Translational Investigator, Medical Director for Environmental Health and Prevention, and Co-Director of the Center for Computational and Precision Health. Dr. Al-Kindi is also adjunct faculty in Electrical and Computer Engineering at Rice University and actively collaborates across engineering, data science, and clinical medicine.

His research focuses on integrating advanced cardiovascular imaging, artificial intelligence, and large-scale environmental and neighborhood data to understand how external exposures shape cardiometabolic disease, aging, and resilience. He leads multiple projects examining the role of air pollution, climate, and built environments in cardiovascular and metabolic outcomes. Dr. Al-Kindi has authored more than 450 peer-reviewed publications and is deeply committed to mentorship, workforce development, and translating data-driven insights into actionable prevention strategies. He is board-certified in internal medicine and cardiology and is a frequent invited speaker on the nexus of climate, environment, and