SAY 'YES' TO LIFE

SCORING CRITERIA

Relevance

Is it relevant to the theme & does it adhere to guidelines?

Impact

Does it evoke a response from the viewer and tell a story?

Composition

Are the items of interest placed well? Are there distracting elements?

Creativity

Is it new, original & exciting? *Is the tagline/message interesting?*

Overall impression

THEMES

- Tobacco
- Medwakh
- Vaping/E-cigarettes
- Shisha/waterpipe smoking
- Addictive substances (drugs)

CATEGORY

- Meme
- Infographic
- Photograph
- Poster

TAGLINE

Maximum 10 words

Competition Guidelines

- 1. The submission must be your own (original) work. You may submit more than one entry.
- 2. All information in your submission must be factually correct. Please include relevant references.
- 3. The tagline for your submission should not exceed 10 words.
- 4. Your tagline should be featured in your submission.
- 5. Acceptable formats for submission: pdf/jpg/jpeg.
- 6. Only Qatar residents are eligible to participate.
- 7. If generative AI tools (e.g., for image, text, or design creation) are used in the development of the submission, this must be clearly disclosed as part of the entry.

Technical Quality

- 1. Photographs or images used must be royalty-free or taken by you.
- 2. Photographs or images used must be of high resolution and free of pixelation.
- 3. Submitted entries may be used, in whole or in part, for social media, educational, advertising, or other promotional purposes.



Lifestyle Medicine Week 2025





