



Weill Cornell Medicine-Qatar

Institute for Population Health



Health and YOU Community Wellness Series

Metabolic Health in Ramadan

This session explores how fasting affects metabolic health, with special attention to obesity and diabetes management during Ramadan, and offers practical behavioral strategies to help individuals optimize their health while fasting.



Live Webinar
March 9, 2026
1:00 - 2:00 PM
(Qatar Time)

This is not a CME/CPD activity | FOR GENERAL PUBLIC



Speaker

Dr. Tariq Chukir

*Assistant Professor of Medicine
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*Endocrinologist
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Free Registration:

Contact us: iph@qatar-med.cornell.edu

