



Population Health & Well-being Series

Prevention and Treatment of Cardio-Kidney-Metabolic Syndrome



Live Webinar

December 8, 2026

4:00 - 5:00 p.m.

Qatar



Speaker

Dr. Sadeer Al-Kindi
MD, FACC, FASPC

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Sadeer Al-Kindi, MD, is a preventive cardiologist, physician-scientist, and leader in cardiovascular and cardio-kidney-metabolic prevention at Houston Methodist DeBakey Heart & Vascular Center. He serves as the Jerold B. Katz translational investigator, medical director for environmental health and prevention, and co-director of the Center for Computational and Precision Health. He is also an associate professor at Houston Methodist and Weill Cornell Medicine.

His clinical and research work focuses on the prevention, early detection, and treatment of cardio-kidney-metabolic disease, including obesity, diabetes, chronic kidney disease, atherosclerotic cardiovascular disease, and heart failure. Dr. Al-Kindi leads multidisciplinary efforts to improve risk assessment, implement evidence-based preventive therapies, and develop personalized strategies that address the interconnected cardiovascular, renal, and metabolic needs of patients.

Dr. Al-Kindi has authored more than 450 peer-reviewed publications and is deeply committed to mentorship, clinical innovation, and translating scientific evidence into practical prevention strategies. He is board-certified in internal medicine and cardiovascular disease and is a frequent invited speaker on preventive cardiology and cardio-kidney-metabolic health.