



Say YES to LIFE!

Say NO to smoking & addictive substances



Worldwide, there is an increasing trend in the use of tobacco and other harmful addictive substances. Join us in creating awareness!

Enter the competition to win amazing prizes!

(Open to Qatar residents only)

Submit a photo/meme/poster with a tagline about any of the following

- Tobacco
- Medwakh
- Vaping / E-cigarettes
- Shisha / waterpipe smoking
- Addictive substances (drugs)

Submit HERE

Last Date of Submission – November 21, 2020

Contact us: iph@qatar-med.cornell.edu

Lifestyle Medicine Week
November 22-26, 2020