Population Health and Well-being Series
Positive Psychology in Lifestyle Medicine for Positive Health

Live Webinar
Aug 20, 2024
4:00-5:00 PM (Qatar Time)

Speaker

Dr. Liana Lianov
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Learning objectives:
1. Describe the role of positive psychology (PP) in effective health care practice to achieve positive health
2. Examine the reciprocal, reinforcing relationship between healthy lifestyles and positive emotions
3. Apply PP approaches in clinical care, including prescribing PP interventions, as part of a comprehensive healthy lifestyle

Target Audience: Physicians, Nurses, Dentists, Pharmacists, Allied Health Practitioners, Students, Researchers, Educators and Administrators

Free Registration: Contact Us: iph@qatar-med.cornell.edu

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