



# Population Health and Well-being Series

Positive Psychology in Lifestyle Medicine for Positive Health

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Live Webinar
Aug 20, 2024
4:00-5:00 PM (Qatar Time)



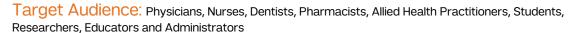
## **Speaker**

Dr. Liana Lianov

President, Global Positive Health Institute, Assistant Professor, RCSI Centre for Positive Health Sciences, USA

### Learning objectives:

- 1 Describe the role of positive psychology (PP) in effective health care practice to achieve positive health
- Examine the reciprocal, reinforcing relationship between healthy lifestyles and positive emotions
- Apply PP approaches in clinical care, including prescribing PP interventions, as part of a comprehensive healthy lifestyle



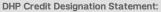
Free Registration: Contact Us: iph@qatar-med.cornell.edu





#### DHP Accreditation Statement:

Weill Cornell Medicine-Qatar is accredited as a provider of Continuing Medical Education (CME) and Continuing Professional Development (CPD) by the Department of Healthcare Professions (DHP) of the Ministry of Public Health.



This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions-Accreditation Section and is approved for a maximum of 1.0 hour.



#### ACCME Accreditation statement:

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#### **ACCME Credit Designation Statement:**

The Weill Cornell Medicine-Qatar designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit M. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.