



Weill Cornell Medicine-Qatar
Institute for Population Health

ANGER

MANAGEMENT

Health and YOU Community Wellness Series

Dynamics of Anger: From Flames to Flourish

The session will discuss the nature of anger, its effect on health, and strategies to manage anger.



Live Webinar
Aug 19, 2024
4:00 to 5:00 PM
(Qatar Time)

This is not a CME/CPD activity | FOR GENERAL PUBLIC



Speaker

Dr. Sohaila Cheema

*Associate Professor of Clinical Population Health Sciences
Assistant Dean for the Institute for Population Health
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Free Registration:

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