

Health and YOU

Community Wellness Series

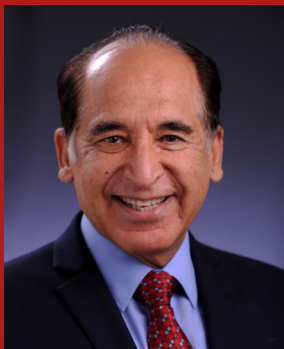
Diet: What You Need To Know?

This session will discuss what a healthy diet means, and emerging views on popular topics such as vegetarianism, low carb diets, weight management, supplements and specific nutrients.

Sep 13, 2021
5:00PM – 5:45PM



This is not a CME/CPD activity | FOR GENERAL PUBLIC



Speaker

Dr. Ravinder Mamtani

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Free Registration | Contact Us: iph@qatar-med.cornell.edu