



Weill Cornell Medicine-Qatar

Institute for Population Health



Health and YOU

Community Wellness Series

Stress - Let's Talk About It

The session will cover what stress is, the importance of stress management, and some ways to cope with it.



Live Webinar
January 13, 2025
4:00 to 5:00 PM
(Qatar Time)

This is not a CME/CPD activity | FOR GENERAL PUBLIC



Speaker

Farhan Aziz
*Director of Admissions,
Weill Cornell Medicine-Qatar*

Free Registration:

Contact us: iph@qatar-med.cornell.edu

